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Creating Engaged Learning in the First Year of College

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CAIR – Sacramento, CA November, 2009



Astin's I-E-O Model

Environments YFCY/CSS

(e.g., place of residence during college, interactions with peers and faculty, curricular and co-curricular experiences)



<u>Inputs</u>

CIRP Freshman Survey

(e.g., academic performancein high school, financial concernsprior to college entry,expectations, degree aspirations,self-concept in high school)



Outcomes YFCY/CSS

(e.g., satisfaction with college, retention, gains in college, postcollege plans)

Purpose of the Study

- In this study I examine how the learning experiences students have in the first year of college affect the development of the behaviors and traits needed for academic success
- Past studies have most often looked at the effect of different college learning experiences on college GPA
- Studies have yet to examine how different learning experiences affect the usage and development of the very skills and behaviors students need to succeed over the course of college and as lifelong learners

Habits of Mind and Academic Disengagement

- Habits of mind are learning behaviors that college faculty have identified as essential for success in college coursework (Conley, 2005)
- Academic disengagement measures the extent to which students engage in behaviors that are inconsistent with academic success
- One consideration do leaning experiences have different (opposite) effects on habits of mind and academic disengagement?



- AAC&U (2007) publication "College Learning for a New Global Century" outlined 10 promising teaching and learning practices
 - First-year seminars and experiences; common intellectual experiences; learning communities; writing intensive courses; collaborative assignments and projects; undergraduate research/ diversity/global learning; service and community based learning; internships; and capstone courses and projects
- Service learning, learning communities, and first-year seminars have been connected to learning gains in the first year

Educationally Purposeful Activities Outside of the Classroom

- Outside of the classroom experiences in study that fall in other AAC&U promising practice areas include:
 - Discussing course with other students outside of class; studying with other students
 - Having meaningful and honest discussions about race/ethnic relations outside of class with students from a racial/ethnic group other than your own
 - Having intellectual discussions outside of class with students from a racial/ethnic group other than your own

Data Source and Sample

- Longitudinal data on college students gathered from two CIRP surveys
 - 2007 The Freshman Survey (TFS)
 - 2008 Your First College Year (YFCY) survey
- Over 26,000 students at 487 institutions completed both surveys
- This dataset has been weighted to represent the national population of first-year students who are retained through the end of year one

Weighting of YFCY Dataset

- Weights were based on data from IPEDS on fall to fall first-time, full-time retention rates at 4-year institutions
- The weighting technique adjusts the sample upwards to the population, taking into account individual as well as institutional response bias (Babbie, 2001; Dey, 1997)

Research Design

- Variables
 - Demographic characteristics
 - Institutional characteristics
 - Educationally purposeful activities in the classroom
 - Educationally purposeful activities outside of the classroom
 - Academic integration during the first year of college
- Analysis
 - Blocked linear regression with forced entry of variables

Building the CIRP Constructs with IRT

- IRT provided an "optimal scaling" of survey data, and makes measurement of important concepts more accurate
 - More accurate scoring leads to more accurate inferences about programs and policies
- IRT scales exist independently of items, the meaning and scale of IRT measures exist before items are selected, many different items can tap into a trait
 - Removing or adding an item does not change the scale or meaning, changes only precision of measurement

Building the CIRP Constructs with IRT, Cont

- IRT scales can be more flexibly interpreted, scores can have meaning in comparison to items, fixed standards, and or norms
 - Item properties and scale properties are explicitly related in IRT – a person's score can be interpreted in terms of item responses
 - i.e. A score of 50 indicates that respondents will most likely answer question X with Y response
 - Allows more kinds of interpretations in addition to norms

CIRP Constructs

| TFS | YFCY | CSS |
|-----------------------------------|-----------------------------------|-----------------------------------|
| Habits of Mind | Habits of Mind | Habits of Mind (2010) |
| Academic Disengagement (2010) | Academic Disengagement | Academic Disengagement |
| | Faculty Interaction | Faculty Interaction |
| | Satisfaction with Courses (2010) | Satisfaction with Courses |
| | Overall Satisfaction | Overall Satisfaction |
| | Sense of Belonging (2010) | Sense of Belonging |
| Academic Self-Concept | Academic Self-Concept (2010) | Academic Self-Concept (2010) |
| Social Self-Concept | Social Self-Concept (2010) | Social Self-Concept (2010) |
| Pluralistic Orientation | Pluralistic Orientation | Pluralistic Orientation (2010) |
| | Positive Cross-Racial Interaction | Positive Cross-Racial Interaction |
| | Negative Cross-Racial Interaction | Negative Cross-Racial Interaction |
| Social Agency | Social Agency | Social Agency |
| | Civic Awareness | Civic Awareness |
| College Reputation Orientation | | |
| Likelihood of College Involvement | | |

Habits of Mind – most likely response pattern

| | Very Low | Average | High |
|---|--------------|--------------|--------------|
| Ask questions in class | Occasionally | Occasionally | Frequently |
| Support your opinions with a logical argument | Occasionally | Frequently | Frequently |
| Seek solutions to problems and explain them to others | Occasionally | Occasionally | Frequently |
| Revise your papers to improve your writing | Occasionally | Frequently | Frequently |
| Evaluate the quality or reliability of information you received | Occasionally | Occasionally | Frequently |
| Take a risk because you feel you have more to gain | Occasionally | Occasionally | Frequently |
| Seek alternative solutions to a problem | Occasionally | Occasionally | Frequently |
| Look up scientific research articles and resources | Occasionally | Occasionally | Occasionally |
| Explore topics on your own, even though it was not required for class | Never | Occasionally | Frequently |
| Accept mistakes as part of the learning process | Never | Occasionally | Frequently |
| Seek feedback on your academic work | Occasionally | Occasionally | Frequently |

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Academic Disengagement most likely response pattern

| | Very Low | Average | High |
|--|------------|--------------|--------------|
| Came late to class | Not at all | Occasionally | Occasionally |
| Fell asleep in class | Not at all | Not at all | Occasionally |
| Turned in course assignment(s) late | Not at all | Not at all | Occasionally |
| Skipped class | Not at all | Occasionally | Occasionally |
| Turned in course assignments that did not reflect your best work | Not at all | Occasionally | Occasionally |

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Ease of Academic Adjustment most likely response pattern

| | Very Low | Average | High |
|--|-------------------|------------------|-----------|
| Understand what your professors expect of you academically | Somewhat | Somewhat | Somewhat |
| | Difficult | Easy | Easy |
| Develop effective study skills | Very | Somewhat | Somewhat |
| | Difficult | Easy | Easy |
| Adjust to the academic demands of college | Very Difficult | Somewhat Easy | Very Easy |
| Manage your time effectively | Very | Somewhat | Somewhat |
| | Difficult | Easy | Easy |

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Student/Faculty Interaction most likely response pattern

| | Very Low | Average | High |
|---|--------------|--------------|--------------|
| Communicated regularly with professors | No | Yes | Yes |
| Asked professor for advice after class | Never | Occasionally | Occasionally |
| Received advice/guidance about your educational program from your professor | Never | Occasionally | Occasionally |
| Meet with faculty during office hours | Yes | Yes | Yes |
| Satisfaction amount of faculty contact | Dissatisfied | Neutral | Satisfied |
| Meet with faculty outside of class or office hours | Never | 1-2x/term | 1-2x/term |

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Regression Summary: Block 1

| | Habits of Mind | Academic Disengagement |
|---|----------------|---------------------------|
| | $R^2 = .436$ | $R^2 = .146$ |
| Block 1: Background and predispositions | | |
| Gender: Female | - | - |
| Native American | + | - |
| African American | - | + |
| Latino/a | | + |
| Multi-Racial | | + |
| Other Race | | |
| SAT score | | ++ |
| TFS habits of mind score | ++ | + |

Regression Summary: Blocks 2 and 3

| | Habits of Mind | Academic Disengagement |
|---|----------------|---------------------------|
| | $R^2 = .436$ | $R^2 = .146$ |
| Block 2: Institutional Type | | |
| Medium selectivity | + | + |
| High selectivity | + | + |
| Institutional control (private) | - | - |
| Institutional type (4-year college) | | |
| Block 3: Educationally purposeful activities – classr | room | |
| Service learning | + | + |
| Learning community | | + |
| First-year seminar for student success | | |

Regression Summary: Blocks 4 and 5

| | Habits of Mind | Academic Disengagement |
|--|----------------|---------------------------|
| | $R^2 = .436$ | $R^2 = .146$ |
| Block 4: Educationally purposeful activities – outside of class | | |
| Discussed course content with students | ++ | + |
| Studied with other students | + | - |
| Had meaningful and honest discussions about race/ethnic relations outside of class | + | + |
| Had intellectual discussions outside of class | + | + |
| Block 5: Academic Integration | | |
| Ease of academic adjustment | ++ | |
| Faculty interaction | ++ | - |
| Current GPA | + | |

Regression Summary: Engaged Learning Consistencies

- Background characteristics
 - African American students are less likely to have strong academic habits of mind and more likely to have academic disengagement behaviors (*Beta weights small*)
- Educationally purposeful activities *outside the class*
 - Students who study with other students have stronger academic habits of mind and fewer academic disengagement behaviors (*Beta weights small*)

Regression Summary: Engaged Learning Consistencies

- Academic integration
 - Students with easier academic adjustments have stronger academic habits of mind and fewer academic disengagement behaviors (*habits of mind medium Beta weight*, *academic disengagement large Beta weight*)
 - Students who interact with faculty outside of the classroom have stronger habits of mind and fewer academic disengagement behaviors (*habits of mind large Beta weight*, *academic disengagement small Beta weight*)
 - Students with higher 1st year GPAs have stronger habits of mind and fewer academic disengagement behaviors (*habits of mind small Beta weight, academic disengagement medium Beta weight*)

Regression Summary: Engaged Learning Inconsistencies

- Background Characteristics
 - Female students are less likely to have strong habits of mind, and less likely to have academic disengagement behaviors (*habits of mind small Beta weight, academic disengagement medium Beta weight*)
- Educationally purposeful activities inside the classroom
 - Students who participate in service learning have stronger habits of mind and more academic disengagement behaviors (*Beta weights small*)

Regression Summary: Engaged Learning Inconsistencies

- Educationally purposeful activities *outside the classroom*
 - Students who discuss course content outside of class with other students have stronger habits of mind and more academic disengagement behaviors (*habits of mind medium Beta weight*, *academic disengagement small Beta weight*)
 - Students who have meaningful and honest discussions about race/ethnicity with students of other races/ethnicities have stronger habits of mind and more academic disengagement behaviors (*Beta weights small*)
 - Students who have intellectual discussions outside of class with students of other races/ethnicities have stronger habits of mind and more academic disengagement behaviors (*Beta weights small*)

Conclusions

- Students who are well integrated into the college academic environment are developing the skills and behaviors they need to succeed
- Women and underrepresented racial minority students, especially African American students, are not as successfully in the first year of college in developing the skills and behaviors they need to succeed
- Building skills for success and life long learning is complicated, what contributes building strong habits of mind can also contribute to academic disengagement

Implications

- We need to do more intentional in developing knowledge seeking (academic habits of mind) among all students, but especially women and African American students
- We also need to be more intentional in developing successful academic behaviors (academic engagement instead of disengagement) among all students, but especially underrepresented racial minority students and high achieving students who are likely easily bored
- Efforts to increase both the amount and quality of faculty interaction and to assist student to successfully adjust to college will contribute to knowledge seeking and

Questions/Discussion

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www.heri.ucla.edu



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